



**42km Run Turn**  
 - Laps 1, 2 & 3  
**21km & 28km Run Turn**  
 - Laps 1 & 2  
**14km Run Turn**  
 - Lap 1

**EVENT PARKING** (P)  
**WATER STATION** (W)  
**TOILETS** (T)  
**RUN TURN** (★)

**RUN COURSE** ----->

- 5km x 1 Short Lap (South-North)
- 14km x 1 Lap
- 28km x 2 Laps } (North-South-North)
- 42.2km x 3 Laps }
- 21km x 1.5 Laps (North-South-North-Finish)

**START**  
 (P) (W) (T)  
**FINISH** (14)  
 28 & 42km – Personal Drink Station

**5km Run Turn**  
 - 1 x lap

**42km Run Turn**  
 - Laps 1, 2 & 3  
**28km Run Turn**  
 - Laps 1 & 2  
**14km Run Turn**  
 - Lap 1

**21km Run Turn**  
 - Lap 1

